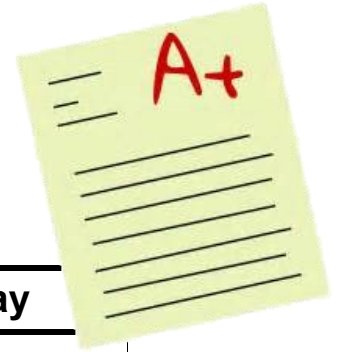




AUGUST



Elementary Snack Menu 2019

Meal Prices
Student
Breakfast \$1.70
Reduced .30
Lunch \$2.75
Reduced .40
Adult
Breakfast \$2.15
Lunch \$3.60
Extra Milk .50

NON-DISCRIMINATION:
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington,



Monday	Tuesday	Wednesday	Thursday	Friday
			1 BLUEBERRY LEMON CRISPY BITES MILK CHOICE	2 SIMPLY STRAWBERRY CHEX MILK CHOICE
5 ORIGINAL GRAHAMS MILK CHOICE	6 CHEEZ-IT CRACKERS MILK CHOICE	7	8	9
12	13 NEW SCHOOL YEAR STARTS →	14 CRISPY CHEDDAR CRACKERS MILK CHOICE	15 SIMPLY STRAWBERRY CHEX MILK CHOICE	16 BLUEBERRY MUFFIN MILK CHOICE
19 CRISPY VEGGIE CRACKERS MILK CHOICE	20 BLUEBERRY LEMON CRISPY BITES MILK CHOICE	21 CHEDDAR GOLDFISH CRACKERS MILK CHOICE	22 BABY CARROTS LIGHT RANCH DIP MILK CHOICE	23 ORIGINAL GRAHAMS MILK CHOICE
26 SMART COOKIES MILK CHOICE	27 APPLE SLICES MILK CHOICE	28 SIMPLY STRAWBERRY CHEX MILK CHOICE	29 APPLE CINNAMON MUFFIN MILK CHOICE	30 CHEEZ-IT CRACKERS MILK CHOICE

My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.



Money may be deposited into your students meal account by sending cash or personal checks payable to the school nutrition center or by paying online with a credit/debit card using www.myschoolbucks.com